

Functional and biotechnological characterization of selected *Lactobacillus* and *Bifidobacterium* strains for their application in dairy products conceived for specific categories of consumers

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INTRODUCTION AND AIM

During the last decades, the selection of tailored cultures has been developed in order to design functional foods, conceived as food strategy to increase the well-being of specific types of consumers.

In this framework, the first two years of research have been focused on the biotechnological and functional characterization of selected *Lactobacillus* and *Bifidobacterium* strains, isolated from **breast milk** and **vagina** of healthy women to include them into foods designed for infants and women in order to deliver specific functionalities (A). Another aim of my work was to evaluate the potential of spray-drying as a technological approach to vehiculate selected strains into specific **functional foods** (B).

A)

MATERIALS AND METHODS

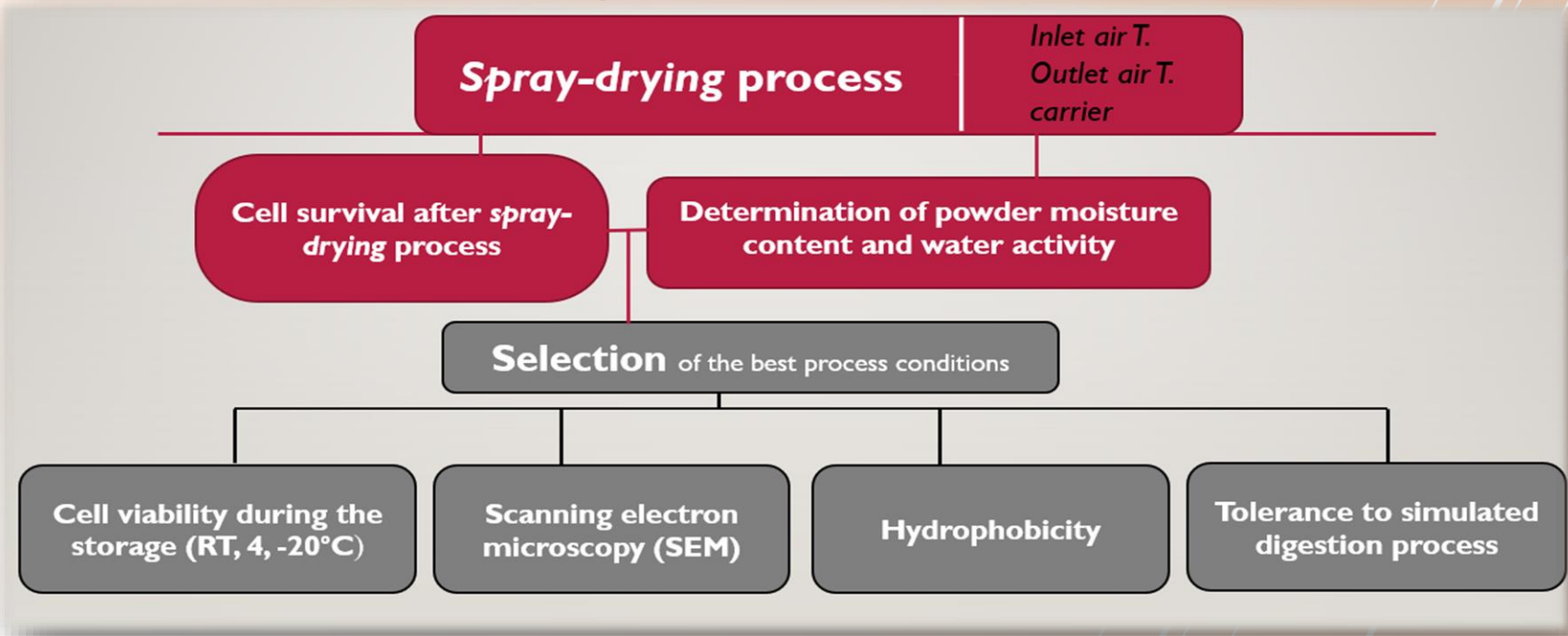
B)

Microencapsulation by spray-drying on mixed cultures

Lactobacillus gasseri



Lactobacillus crispatus



Strains	Species	Isolation source
BC1, BC3, BC4, BC5, BC6, BC7, BC8	<i>L. crispatus</i>	Female genital tract
BC9, BC10, BC11, BC12, BC13, BC14,	<i>L. gasseri</i>	Female genital tract
BC16, BC17	<i>L. vaginalis</i>	Female genital tract
3.6D, 11.3 C, M6C, 29.0L, 31.0 C	<i>L. plantarum</i>	Breast milk
32.0 C, 33.1 G, 34.0 B, 35.0 B.bis, 30 b6A	<i>L. plantarum</i>	Breast milk
32.0 A, 34.0 C, g.1, CFI11	<i>L. gasseri</i>	Breast milk
32.0 B.bis	<i>B. longum</i>	Breast milk
BL6	<i>B. longum</i>	Breast milk

METABOLIC POTENTIAL: Biolog phenotype microarray analysis [1]

SAFETY ASPECTS: antagonistic activity, antibiotic susceptibility [2]

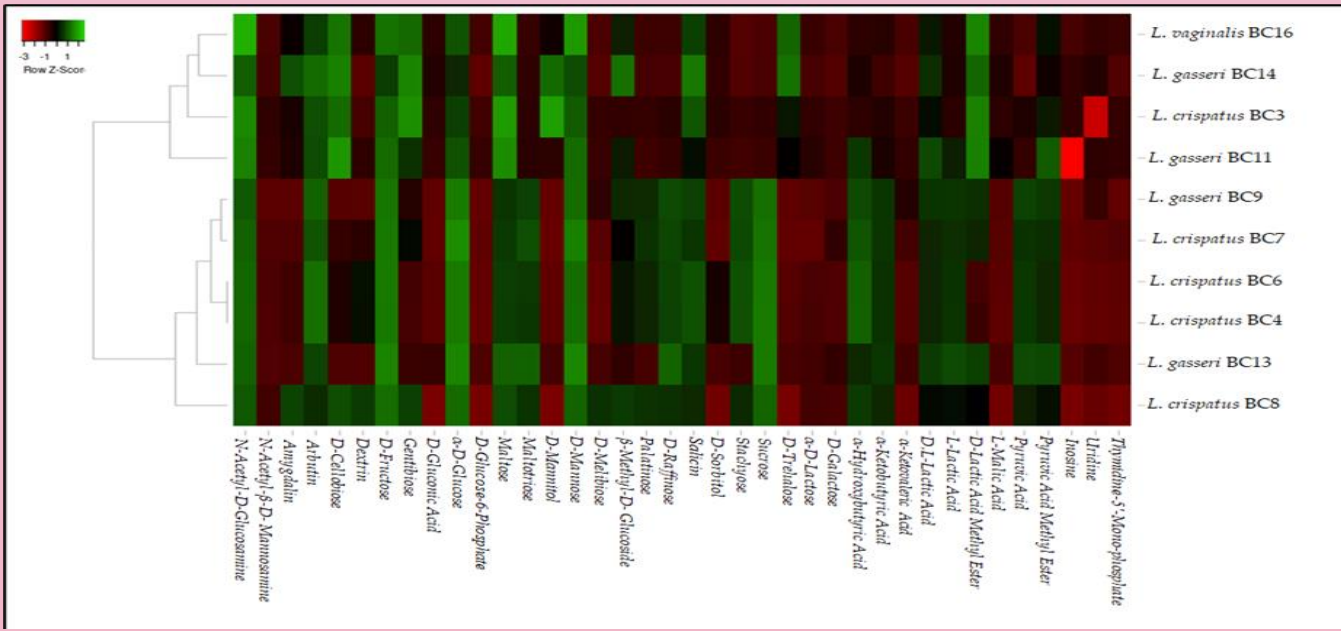
FUNCTIONALITY: hydrophobicity, auto-aggregation, Caco-2 cells, simulated digestion process [1]

A)

RESULTS

B)

Fig. 1 A. Heat map showing the metabolic differences among selected strains with green referring to high catabolic activity and red to low activity.



Most of these strains were able to catabolise *D*-cellobiose → potential PREBIOTIC activity

Fig. 2 A. Antibiotic susceptibility

Amoxicillin, Ampicillin, Erythromycin → High bactericidal effect → Vaginal strains

Tetracycline, Erythromycin, Clindamycin → Strains from breast milk

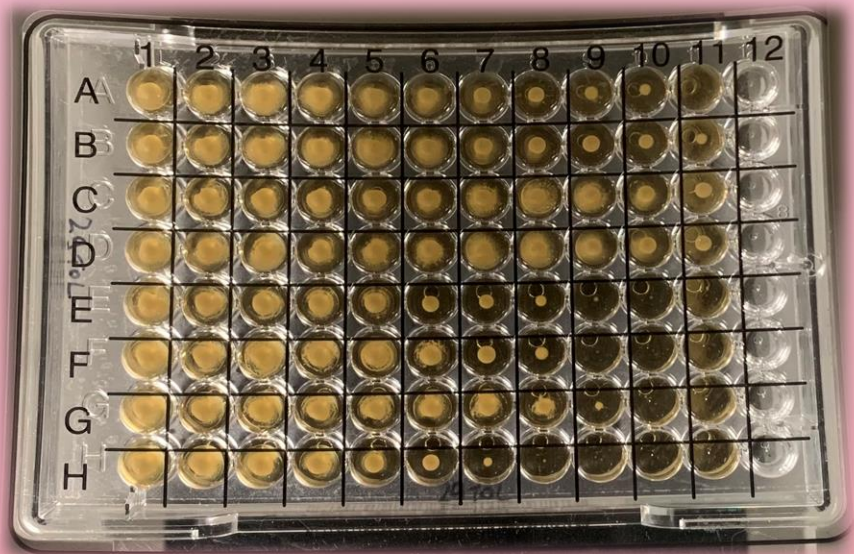


Fig. 3 A. Antagonistic activity of selected strains vs. pathogens



Most of these strains showed the highest antagonistic activity (inhibition 6-10 mm) vs.: *L. monocytogenes* Scott A, *E. coli* 555, *S. aureus* DSM 20231, *E. coli* ECET H10407, *S. enterica* and *Y. enterocolitica*. Only *L.gasseri* BC11-BC12, *L. vaginalis* BC11 and *B. longum* 32.0 B.bis showed the lowest inhibitory activity (≤ 6-1 mm) vs. *S. aureus* DSM 20231

As regards to **FUNCTIONAL PARAMETERS**, most of these strains have demonstrated high values of **hydrophobicity** and **auto-aggregation** (over 70 %) and good **resistance to digestion process**, considering *L. rhamnosus* GG as reference (data not showed)

On the other hand, strains from breast milk have revealed higher values of **adhesiveness** than vaginal strains

Strains	Isolation source	Adhesion (lb. cells/Caco-2 cell)
BC1, BC3, BC4, BC5, BC6, BC7, BC8	Vaginal tract	0.63; 0.45; 0.24; 0.43; 0.74; 5.14
BC9, BC10, BC11, BC12, BC13, BC14,	Vaginal tract	0.26; 0.27; 0.75; 0.15
BC16, BC17	Vaginal tract	0.34; 2.32
3.6D, 11.3 C, M6C, 29.0L; 31.0C	Breast milk	22.88; 14.29; 25.71; 34.18; 24.71
32.0 C, 33.1 G, 34.0 B, 35.0 B.bis, 30 b6A	Breast milk	21.17; 20.18; 28.70; 17.11; 24.84
32.0 A, 34.0 C, g.1, CFI11	Breast milk	14.68; 27.73; 13.94; 4.39
32.0 B.bis	Breast milk	22.52
BL6	Breast milk	13.7

Future goal of my third-year PhD :

Production of functional foods, including dairy, for infants and women, characterized also for their interaction on specific microbiome using human model systems.

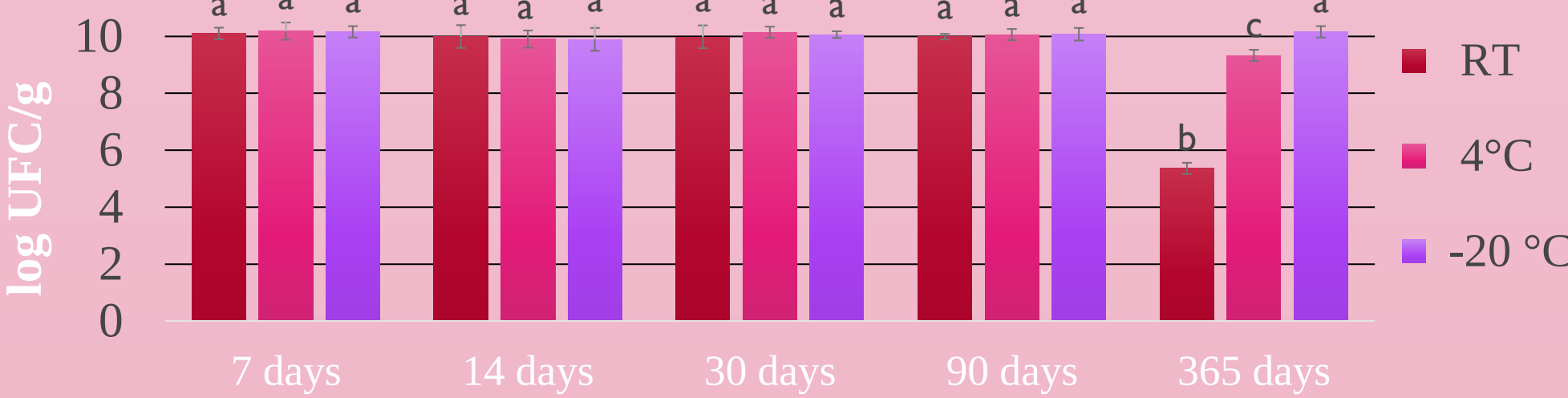


Fig. 1 B. Cell loads (log UFC/g) of *L. crispatus* BC1 + *L. gasseri* BC9 microencapsulated after 7, 14, 30, 90, 365 days of storage (RT, + 4 ° C and -20 ° C).

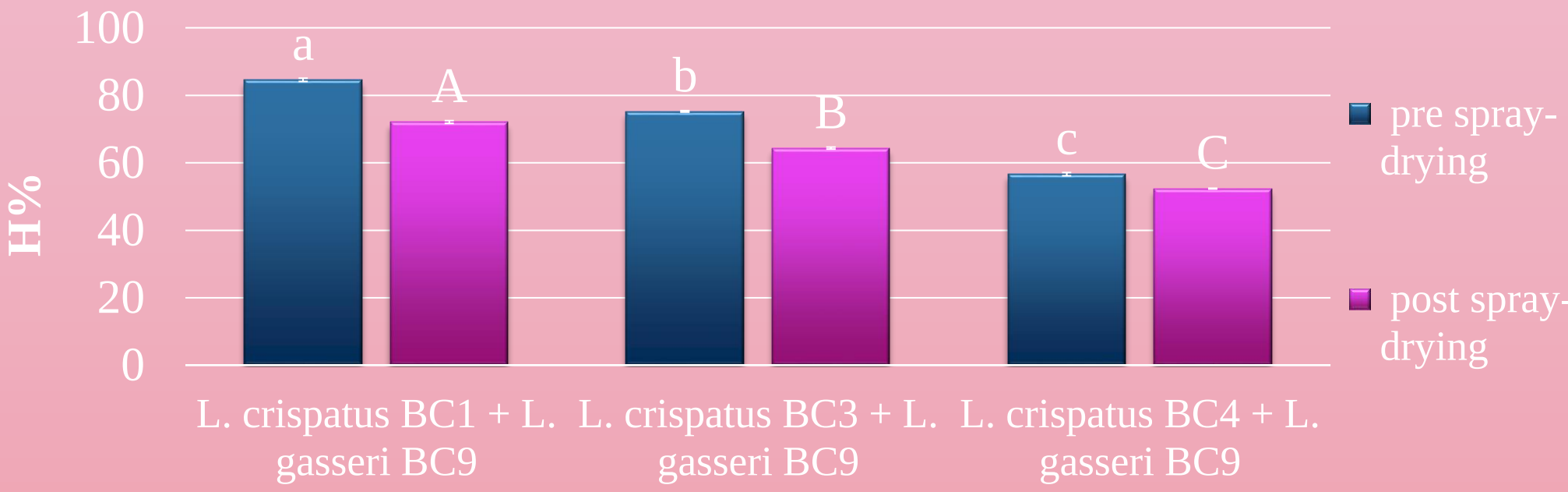


Fig. 2 B. Cell hydrophobicity of pre and post spray-drying samples.

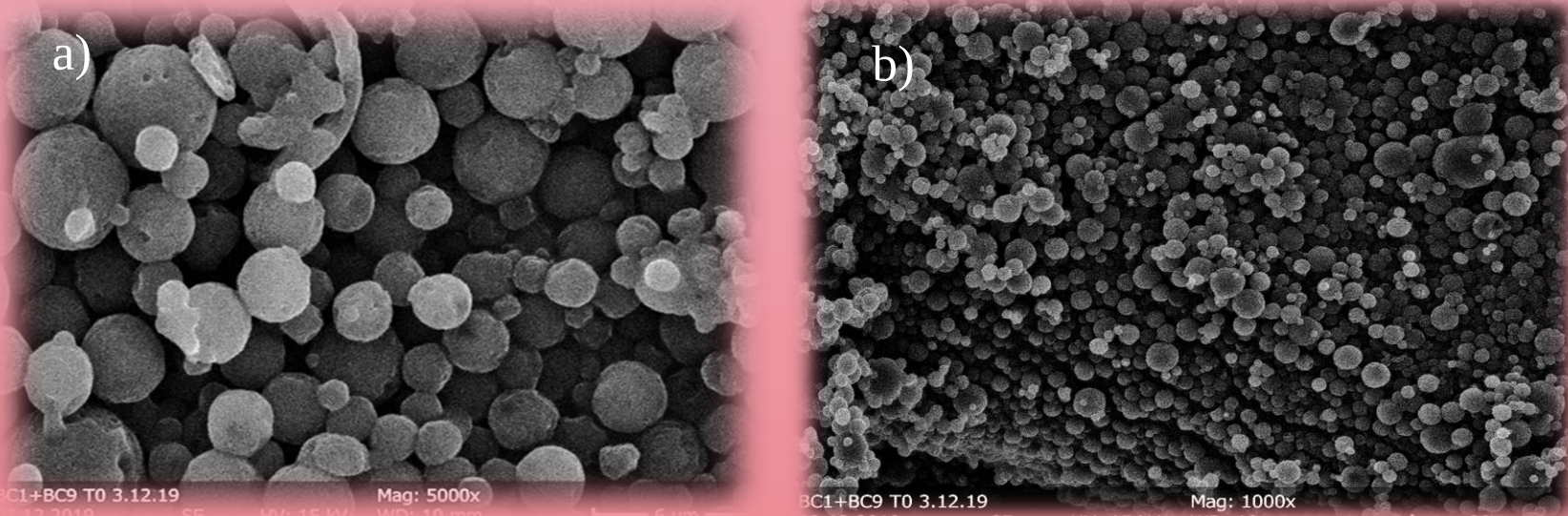


Fig. 3 B. SEM images of microparticles of *L. crispatus* BC1 + *L. gasseri* BC9 : a) at x 5000 magnification, b) at x 1000 magnification

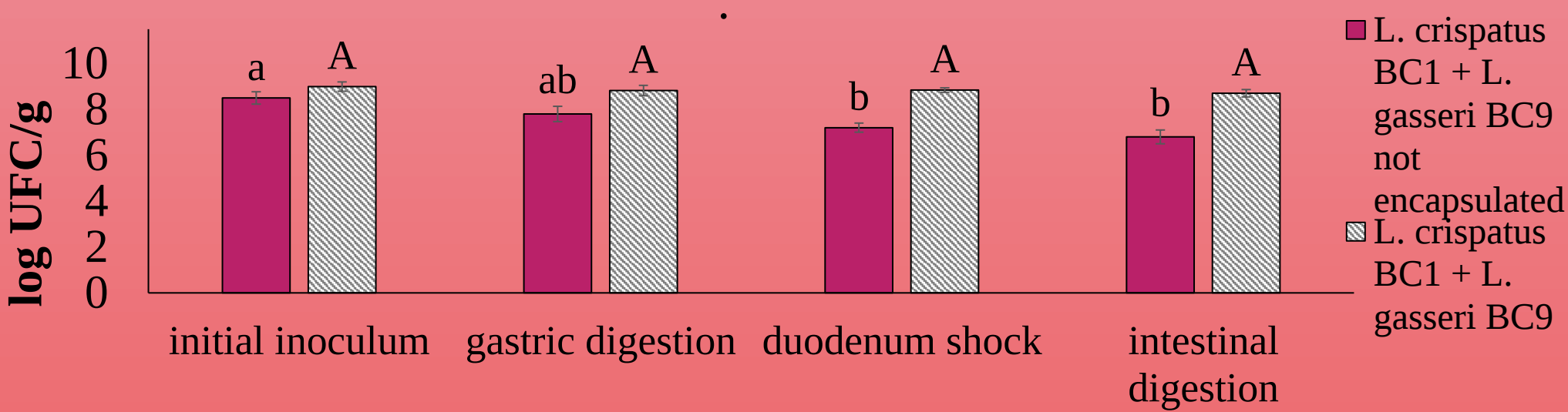


Fig. 4 B. Cell loads (log UFC/g) of *L. crispatus* BC1+ *L. gasseri* BC9 unencapsulated and microencapsulated after stomach-duodenum passage.

References:[1] D'Alessandro, M., Parolin, C., Bukvicki, D., Siroli, L., Vitali, B., De Angelis, M., & Patrignani, F. (2021). Probiotic and Metabolic Characterization of Vaginal Lactobacilli for a Potential Use in Functional Foods. *Microorganisms*, 9(4), 833. [2] Siroli, L., Patrignani, F., Serrazanetti, D. I., Parolin, C., Nahui Palomino, R. A., Vitali, B., & Lanciotti, R. (2017). Determination of antibacterial and technological properties of vaginal lactobacilli for their potential application in dairy products. *Frontiers in Microbiology*, 8, 166.