# Study and development of innovative seafood products through the application of emerging process technologies

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#### State of the art

Thanks to the growing consumer demand for minimally processed foods with an extended shelf-life, both scientific and industrial research are investigating the application of innovative processes to ensure safe, high quality food products. Among the various food categories, seafood products have been the subject of a significant increase in demand, thanks to their interesting nutritional properties (FAO, 2020). Fresh fish products are highly perishable due to their biological composition. Heat treatment provides efficient control of microorganisms but causes significant losses of thermolabile compounds and sometimes negative changes in the sensory, physico-chemical and nutritional characteristics of food. Furthermore, through the use of non-thermal treatments, it may be possible not only to improve the hygienic and sanitary quality of products, but also the quality attributes, as well as to reduce the energy costs associated with any technological operations. Moreover, thanks to these technologies it would be possible to reduce food losses and environmental impact as green technologies. (Ekonomou and Boziaris, 2021).



### **PhD Thesis Objectives and Milestones**

In this context, the objective of this PhD project is to evaluate the effectiveness of US, PEF, HPP and CAP as a unitary operation, or in combination with each other, to obtain a sufficient reduction of microbial load for fresh fish products with a longer shelf-life, and modulation of mass transfer phenomena for innovative seafood production. The aim of the project is therefore to obtain innovative food products, not only in terms of stability, but also with rheological, new chromatic, and structural understanding of characteristics. The the phenomena affecting the studied products will be undertaken through the evaluation of the chemicaland microstructural changes physical of the matrices, following the different process parameters for each used technology. The project can be subdivided into the following activities according to the Gantt diagram reported in the Table below.

Activity Month		2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34	36
A 1	Bibliographic research																		
A 2	Matrix study (preliminary analysis)																		
A 3	Evaluation of process parameters to obtain the most effective process to develop innovative seafood products																		
	1) PEF, US																		
	2) Qualitative analyses																		
	3) Shelf-life study																		
A 4	Evaluation of process parameters for reduction of microbial load and setting up the most effective process																		
	1) HPP, CAP																		
	2) Microbiological and qualitative analyses																		
	3) Shelf-life study																		
A 5	Thesis preparation, posters and articles																		

## Selected references

Ekonomou, S. I., & Boziaris, I. S. (2021). Non-Thermal Methods for Ensuring the Microbiological Quality and Safety of Seafood. Applied Sciences, 11(2).



